

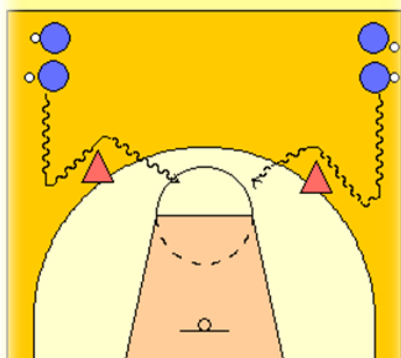
PICK AND ROLL PROGRESSION TEACHING

- 1 - THE MOST EMPLOYED OFFENSE (35 - 45) "ABUSED".
- 2 - IT'S A TEAM OFFENSE NOT ONLY 2 V 2. EVERYBODY HAVE TO BE INVOLVED
- 3 - TO BUILD 5 V 4 SITUATION
- 4 - TO CREATE ONE SECOND ADVANTAGE (TRIANGLE PASS)
- 5 - 2 DRIBBLES AFTER THE SCREEN
- 6 - DRIVE THE BALL BELOW THE SCREEN BEFORE TO USE IT
- 7 - SCREENER HAVE TO QUICKLY ROLL TO THE BASKET TO BE EFFECTIVE
- 8 - POSSIBLY A GOOD 3 PTS. SHOOTER ON POSITION 4

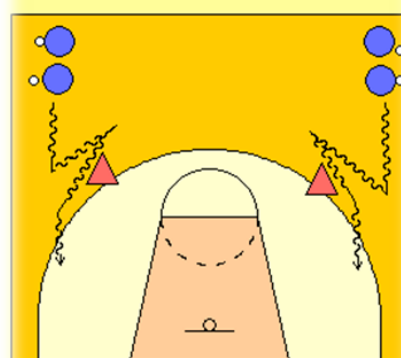
HOW MUCH TIME WE SPEND TO TEACH AND TO DEFEND IT?

WE SHOULD PRACTICE IT EVERY DAY ON DIFERENT SITUATION

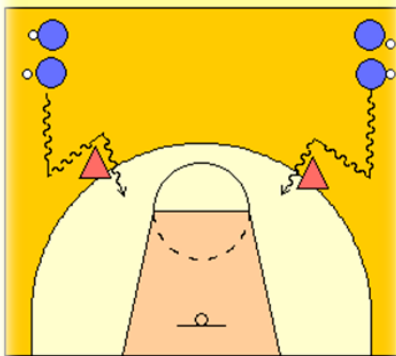
TEACHING THE BALL HANDLER



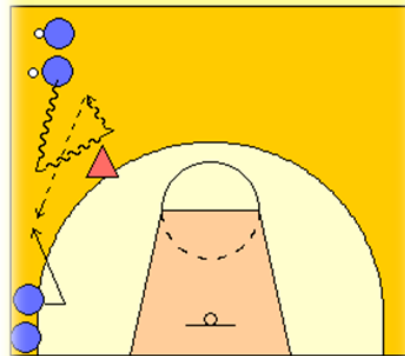
Diag.1



Diag.2

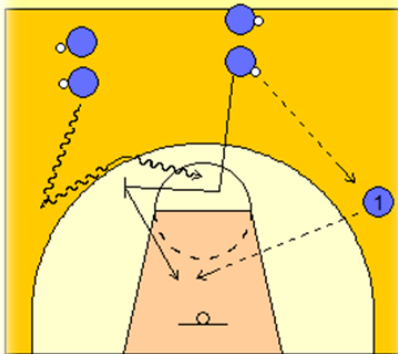


Diag. 3

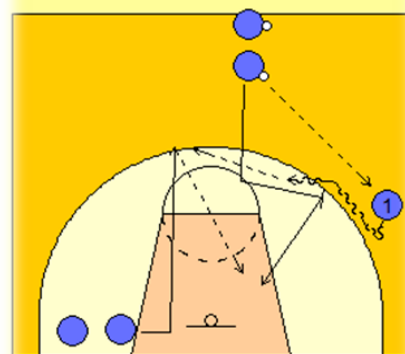


Diag.4

BALL HANDLER AND THE SCREENER

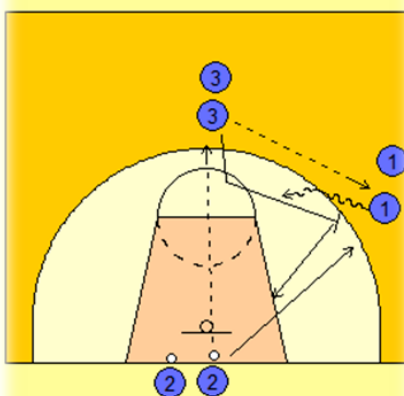


Diag.5

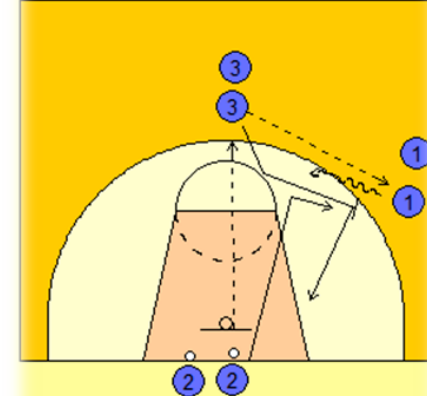


Diag.6

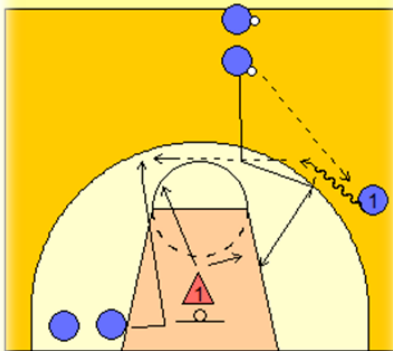
2 V 1 SCREEN AND ROLL TEACHING



Diag.8

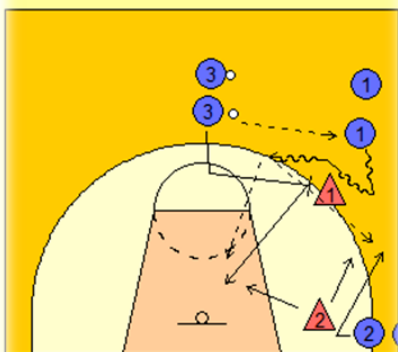


Diag.9



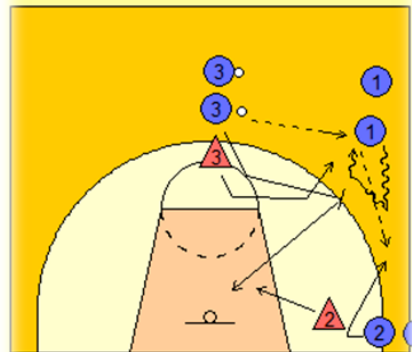
Diag.7

3 V 2 TEACHING TRIANGLE PASS



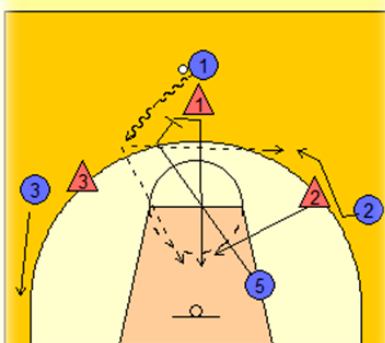
Diag.10

4 V 3 READ THE DEFENSE

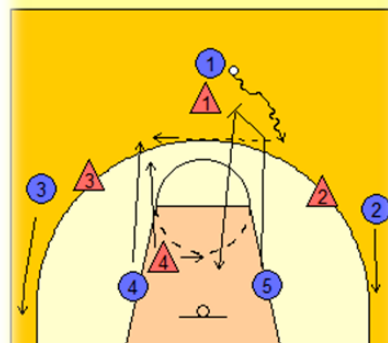


Diag.11

5 V 4 READ THE DEFENSE



Diag.12



Diag. 13

