

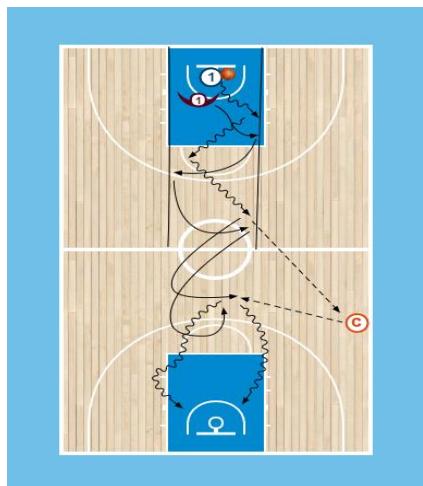
TRANSITION DEFENSE/PRESSURE DEFENSE

(1-2-1-1 FORMATION)

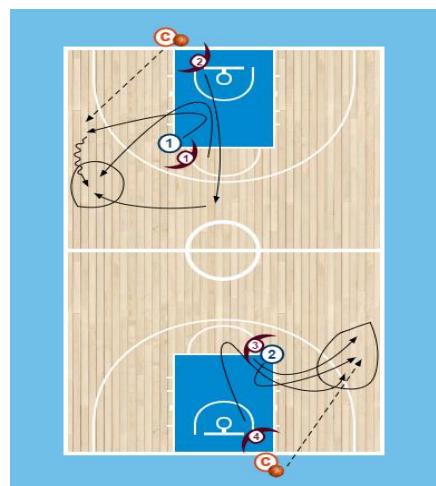
1v1 Half/Half (Defense becomes offense, Off. has 5 sec. to pass the half court)



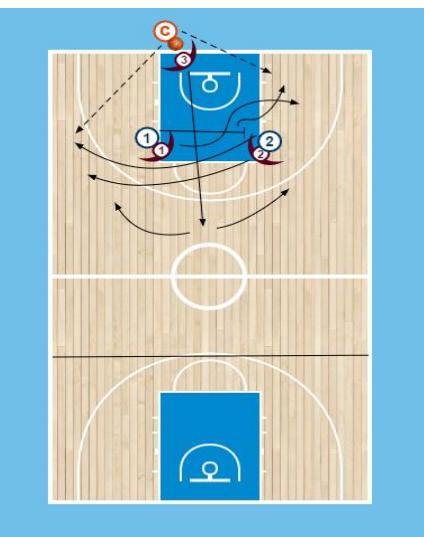
1v1 Full (Controlled first half, 1v1 second half)



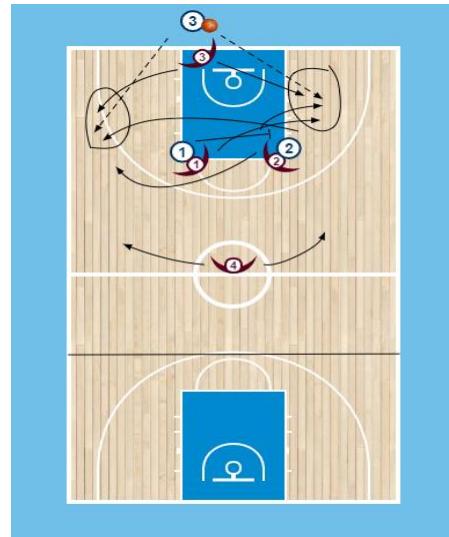
1v2 Trap (Front/Back)



2v3 ¾ Court (Trap&switch x1/x2/x3)



3v4 ¾ Court (Trap&Switch x1/x2/x3/X4)



4v5 Full (Traps&Switches x1 through x4)

